



# Brighi Riccardo

## BIOGRAPHY

I have been a swimmer for all my life and at the age of 14 I tried my first ever triathlon competition. Since then, I started properly training also in running and riding.

At the age of 16 I joined the Italian youth national team and at the age of 18 the Italian junior national team.

I am now 23 and I am part of the Italian Under23 national team, with the goal to compete in Elite Triathlon Europe Cup and Duathlon international Championships.

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## CONTACTS

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# K3 CREMONA TRIATHLETE



## Races Results

### SEASON 2015

1° Aquathlon Italian Champs cat. Youth A  
1° Triathlon Italian Champs cat. Youth A

### SEASON 2016

3° Aquathlon Italian Champs cat. Youth B  
1° Triathlon Italian Champs cat. Youth B  
2° Grand Final Coppa Italia Triathlon cat. Youth B  
3° Swimming Regional Champs 400 Crawl cat. Ragazzi

### SEASON 2017

3° Duathlon Italian Champs cat. Youth B  
2° Coppa Crono Triathlon cat. Youth B  
1° Aquathlon Italian Champs cat. Youth B  
3° Sprint Triathlon Alta Val Tidone Nibbiano  
1° Coppa Italia Triathlon Sprint cat. Youth B  
Final A ETU Triathlon Youth European Champs Panevezys  
2° Triathlon Italian Champs cat. Youth B  
1° General Ranking Coppa Italia Triathlon cat. Youth B  
7° (3° cat. Youth) ETU Triathlon Junior European Cup Zagreb  
2° XC Run Regional Champs cat. Allievi

### SEASON 2018

2° Sprint Triathlon Gatteo a Mare  
1° ETU Triathlon Junior European Cup Zagreb  
7° XC Run National Trials Valmusone (Osimo) cat. Junior  
1° XC Run Regional Champs cat. Junior

### SEASON 2019

9° ETU Triathlon Junior European Cup Quarteira  
6° Sprint Triathlon Italian Champs cat. Junior  
5° ETU Triathlon Junior European Cup Riga  
8° ETU Triathlon Junior European Cup Bled  
5° Super League Triathlon Malta cat. Junior  
8° (2° cat. Junior) Grand Final Grand Prix Bari  
1° XC Run Regional Champs cat. Junior  
8° XC Run National Trials Carsolina (Trieste) cat. Junior

### SEASON 2020

3° Sprint Triathlon Italian Champs cat. Under 23  
3° Sprint Triathlon Fantini Club - Adriatic Series  
3° Sprint Duathlon Italian Champs cat. Under 23  
5° Sprint Duathlon Italian Champs Elite  
6° Olimpic Triathlon Italian Champs cat. Under 23

### SEASON 2021

1° Sprint Triathlon Gatteo a Mare  
2° Sprint Triathlon Challenge Riccione  
1° Sprint Triathlon Campus Parma  
10° Aquathlon European Champs cat. Under 23  
9° Olimpic Triathlon Italian Champs Elite  
6° Olimpic Triathlon Italian Champs cat. Under 23

### SEASON 2022

1° XC Run Regional Champs cat. Under 23  
7° 10km Italian Champs cat. Under23 - (30'22")  
2° Duathlon Italian Champs Mixed Relay  
2° Classic Duathlon No-Draft Italian Champs Elite  
1° Classic Duathlon No-Draft Italian Champs cat. Under 23  
1° Olimpic Triathlon Suviana  
2° Sprint Triathlon Adriatic Series San Mauro Mare  
9° Sprint Triathlon Italian Champs Elite  
6° Sprint Triathlon Italian Champs cat. Under 23  
4° Sprint Triathlon Italian University Champs  
2° Pisa Half Marathon Italian Champs cat. Under 23 - (1h05'47")  
9° International Hoka Triathlon Sprint Lignano Sabbiadoro

### SEASON 2023

8° Corrida San Geminiano (40'45")  
4° XC Run Regional cat. Elite  
2° Sprint Duathlon Barzanò

## Presences in National Team

### Races

16 Presences in International Races, 10 representing the Italian National Team and 6 representing my Club

### Training Camps

ROMA, Federal Technical Center at the Olympic Preparation Center of Acquacetosa, 12-14/05/2017. RIO MAJOR, Centro di Alto Rendimento 15-20/12/2017. ROMA, Federal Technical Center at the Olympic Preparation Center of Acquacetosa, 27-30/12/2017. BARATTI, Training Camp for the Junior Athletes of the Development Program, 29/03-03/04/2018. OVINDOLI, Training Camp for the Junior Athletes of the Development Program, 03-19/08/2018. ROMA Federal Technical Center at the Olympic Preparation Center of Acquacetosa, 27-30/12/2018. IMOLA, Development program with focus on cycling, 22-24/03/2019. OVINDOLI, Training Camp for the Junior Athletes of the Development Program, 08-25/08/2019. BARATTI, Training Camp for the Under23 Athletes of the Development Project Italy, 03-05/05/2021